

Community Center NEWS

We are very excited about the new version of our publication and hope you enjoy the new format. The Community Center was a little busier than normal during the summer months and we are glad to see the continued growth in the use of this facility. Growth does sometimes create issues that need to be addressed and we constantly try to forecast and adjust to prevent problems from arising.

Last month we offered a variety of screenings provided by HealthScreens Gerontology Research Foundation and plan to have them return on an annual basis. Next year we plan to have them a little later in the year so that more members may access their services.

In the upcoming months we will be offering a number of opportunities in which to participate. A lecture about “Managing Your Medications”, an AARP Safe Driving Course, and Hearing Screenings that will include a video otoscope, hearing aid repair as well as screening your ability to hear.

We continue to offer a number of fitness classes from Yoga to Belly Dancing, Golf Fitness to T'ai Chi and Water Exercise Classes just to name a few. Come on down and check us out. Your first class is always free.

Please begin to make your holiday plans and reservations for the various rooms available at the Community Center. The Multi-Purpose Room is available to members for block parties, card games, and other private gatherings. When reserving the Multi-Purpose Room, always include time to decorate and to clean up following your gathering. Please be considerate of others that have previously reserved the room and not bring in your supplies and decorations while another gathering is in progress.

As many of you are aware, Christen Miller, Licensed Massage Therapist, has decided to pursue additional course work with plans to obtain an advanced degree in Physical Therapy. Please join us in wishing her much success as she continues her education. Christen will be missed by many.

Kevin Ennis MAEd, ATC/SCAT, CPT, CPO

Director